



Reality LA Kids Weekly Devotional Guide

February 13, 2022

Remember: this guide is meant to help facilitate conversations and engagement with Jesus throughout the week, so don't feel like you need to do this all in one day!

What We're Learning This Week

"FORMATIVE PRACTICES"

Formative practices help us to follow Jesus with all of our lives. Through God-given practices, the Holy Spirit forms us from within and gradually makes us more and more who we already are in Christ: a new person in a new family with a new mission.

Discipleship Through Scripture + Conversation

Talk to your kids about the Bible lesson. Ask them to explain what they learned/what stuck out to them in the video, and expand upon the truths of the Bible that they are bringing up. Some helpful conversations this week could be:

- 1. Our default setting is to sin, but Jesus gives us a new identity and new desires.**
 - What is sin? What are we forgetting about God when we turn away from Him? Why is sin a big deal?
 - How has Jesus rescued us from sin? How does Jesus change our default settings? What does that tell us about Him?
- 2. Formative practices help us to follow Jesus with all of our life.**
 - Why is it so important to rely on the Holy Spirit in all we do? What happens when we don't?
 - Talk about some of the practices we mentioned in our lesson: rest, meditation, fasting, feasting, and serving - what are ways you can form habits with these rhythms in your life? What are other rhythms that help draw you nearer to Jesus?

Discipleship Through Prayer

Spend time this week praising Jesus for rescuing us from sin and changing our hearts. Pray for God to reveal things you are tempted to root your identity in and ask God for forgiveness/renewal. Pray that God would help you to form practices that draw you to worship Him.

Continue to pray for everything surrounding the coronavirus, politics, and racial equality in our country - for safety, for healing, for unity, and for specific people you can serve as a family.

- Ask each member of your family – adults included – to share one thing they would like prayer for. Have someone to pray for that person's request. Encourage your family to pray for that person for the entire week.

What's Coming Up?

- Follow us on Instagram for all of our RLA Kids news! Our handle is [@RealityLAKids](#)
- Stay connected on big events and announcements by joining the [RLA Kids page on RLA Connect](#)
- Continue to be informed through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

Do Your Kids Have Questions About the Scripture? Want to See Something in the Videos?

We love hearing from you! You can email kids@realityla.com at any time with any feedback or questions that your kids have about the video lesson (or any of your thoughts)...we would love to read some on our next video and answer them! We also them want to see us be silly, so send suggestions in and we will see what we can do. We also love to be praying with and alongside your family, so please send over prayer requests as well (those will be kept off screen, we just want to pray with and for you.)