

RLA Kids Weekly Devotional Guide

March 14, 2021

Remember: this guide is meant to help facilitate conversations and engagement with Jesus throughout the week, so don't feel like you need to do this all in one day!

What We're Learning This Week

“WATCH OUT FOR UNBELIEF”

HEBREWS 3:7-19

Hebrews 3:7-19 takes a look back at the Israelites wandering in the desert and explains why they could not enter into God's rest (aka the Promised Land): unbelief. Despite the faithfulness God had perfectly and consistently shown them, they put trust in things other than God's promises. Having doubt or questions isn't wrong, but it's what we do with them that matters. Do we take them to God, or do we become hardhearted in our unbelief?

We sin and don't deserve God's perfect rest either - that is, eternity with Him. But we can still receive that thanks to Jesus! He perfectly trusted God's promises. He lived a perfect life, died the death we deserve as a punishment for our sin, and rose from the grave to bring us into God's rest: forever with God! So instead of trusting that sin is best, trust that Jesus is best. He forgives us of our sin and brings us into God's forever rest and peace. All we need to do is trust His promises!

Discipleship Through Scripture + Conversation

Talk to your kids about the Bible lesson they watched on video. Ask them to explain what they learned/ what stuck out to them in the video, and expand upon the truths of the Bible that they are bringing up. Some helpful conversations this week could be:

1. The Israelites couldn't enter into God's rest because of their unbelief - and we are like them.

- What are some of the reasons you find it hard to trust God? Why is that? What promises of God or reminders of His faithfulness are you forgetting?
- What do you do when you doubt God? What does Scripture call us to do?
- What are some things that are easy for you to focus on instead of God? Why? What do you need to turn away from and what do you need to turn to?

2. We are able to receive God's rest by the grace of God through Jesus.

- What does Jesus' obedience to God tell us about who He is? How does it change who we are?
- Why is Jesus trustworthy? How can we receive this eternal rest He offers? How does it change us and the ways that we live?

Discipleship Through Prayer

- Spend time this week praising Jesus his belief + faithfulness and for drawing us into God's rest. Pray for God to expose idols in your lives, for opportunities to repent and/or wrestle with God, and for reminders of His promises. Continue to pray for everything surrounding the coronavirus, politics, and racial equality in our country - for safety, for healing, for unity, and for specific people you can serve as a family.
- Ask each member of your family – adults included – to share one thing they would like prayer for. Have someone to pray for that person's request. Encourage your family to pray for that person for the entire week.

What's Coming Up?

- Follow us on Instagram for all of our RLA Kids news! Our handle is [@RealityLAKids](#)
- Stay connected on big events and announcements by joining the [RLA Kids page on RLA Connect](#)
- Continue to be informed through the [Family Resources for Current Events](#) page for equipping and resources for all of that.
- Join us each week in the RLA Kids Zoom Room at [reality.la/kidszoom](#)

Do Your Kids Have Questions About the Video? Want to See Something in the Videos?

We love hearing from you! You can email kids@realityla.com at any time with any feedback or questions that your kids have about the video lesson (or any of your thoughts)...we would love to read some on our next video and answer them! We also them want to see us be silly, so send suggestions in and we will see what we can do. We also love to be praying with and alongside your family, so please send over prayer requests as well (those will be kept off screen, we just want to pray with and for you.)