

RLA Kids Weekly Devotional Guide

January 17, 2021

Remember: this guide is meant to help facilitate conversations and engagement with Jesus throughout the week, so don't feel like you need to do this all in one day!

What We're Learning This Week

“FOLLOWING JESUS”

LUKE 9:23-25

As disciples of Jesus we want to follow Jesus, love others, and serve our city. This week we are focusing on following Jesus. Following Jesus is the greatest, most joyful, most rewarding, and most fulfilling thing our hearts and minds and souls and bodies could ever receive, and it's all thanks to God. Jesus is greater than anyone or anything else, and He is worthy of being followed. We can follow Jesus by denying ourselves and by being with Him, learning from Him, and becoming like Him.

Discipleship Through Scripture + Conversation

Talk to your kids about the Bible lesson they watched on video. Ask them to explain what they learned/ what stuck out to them in the video, and expand upon the truths of the Bible that they are bringing up. Some helpful conversations this week could be:

1. We can follow Jesus by being with Him, learning from Him, and becoming like Him.

- How has God first come to be with us? How does that change our perspective on who He is and how we should live our lives?
- What are some practices or rhythms that you can build into your life to be with Jesus?
- How does being with and learning from Jesus help you to become like Him? What are ways you have seen that in your life? What are ways you want to grow in that?
- Why is Jesus worth following? What makes Jesus greater than anyone or anything else?

2. Scripture also tells us that to follow Jesus we need to deny ourselves.

- What does Jesus mean when he tells us to deny ourselves? Is that mean or restricting?
- What are some things other than God that you are tempted to find your identity in or to follow after? What is at the root of that?
- How does following Jesus bring freedom? How can we enjoy the world while following Jesus?

Discipleship Through Prayer

- Spend time this week praising God for coming to us and drawing us near to Him through Jesus. Pray for opportunities to be with Him, learn from Him, and become like Him. Ask God to reveal areas that you are following someone or something else and to help you repent, deny yourself, and turn back to Him. Continue to pray for everything surrounding the coronavirus and racial equality in our country - for safety, for healing, for unity, and for specific people you can serve as a family.
- Ask each member of your family – adults included – to share one thing they would like prayer over. Have someone to pray for that person's request. Encourage your family to pray for that person for the entire week.

What's Coming Up?

- Follow us on Instagram for all of our RLA Kids news! Our handle is [@RealityLAKids](#)
- Stay connected on big events and announcements by joining the [RLA Kids page on RLA Connect](#)
- Continue to be informed through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

Do Your Kids Have Questions About the Video? Want to See Something in the Videos?

We love hearing from you! You can email kids@realityla.com at any time with any feedback or questions that your kids have about the video lesson (or any of your thoughts)...we would love to read some on our next video and answer them! We also want to see us be silly, so send suggestions in and we will see what we can do. We also love to be praying with and alongside your family, so please send over prayer requests as well (those will be kept off screen, we just want to pray with and for you.)