



RLA Kids Weekly Devotional Guide

October 11, 2020

Remember: this guide is meant to help facilitate conversations and engagement with Jesus throughout the week, so don't feel like you need to do this all in one day!

What We're Learning This Week

"CAN I DO THIS ALONE?" NUMBERS 11:10-17

Our lesson this seeks to answer the question "Can I do this alone?". As the Israelites continue to complain about their situation, Moses and God get angry, and Moses laments to God + asks Him for help. God provides His own help to Moses, but He also gives Moses the support of others to help take the burden off him. It points us forward Jesus, our greatest help. God created us to be in relationship with him and with others. We are reminded that we can bring our feelings and our burdens to God and find true, enduring rest in Jesus.

Before we meet together on Sunday

- Initiate and/or continue conversations as a family regarding everything going on in our world today, how your kids are feeling and processing it all, and how they can still trust in the promises of God through it all. Read through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

After the kids watch the video on Sunday

Discipleship Through Scripture and Conversation

- Talk to your kids about the Bible lesson they watched on video. Ask them to explain what they learned/what stuck out to them in the video, and expand upon the truths of the Bible that they are bringing up. Some helpful conversations this week could be:
 1. The Israelites continue to complain with distrust rather than to lament to God with trust. Moses, on the other hand, has big feelings, but takes them to God with honesty and trust.
 - What are some things that have been tough for you or for other people you know recently? Do you think God listens to and cares about those things?
 - What do you think is the difference between being 1) a grumpy complainer about God and 2) being a person who is honest but trusting in God?
 - What do you do with the big feelings you feel, like feeling really mad or angry? What does it mean to pray and trust God, especially with those things?

2. God provides for Moses in many ways, including by giving Moses support and help from people around him.
 - What are some things that you have needed help with in your life? What ways have you got help for them?
 - How do you think Jesus is our greatest help?
3. Additional resources for Preteen students:
 - Watch [this video](#) from the Bible Project on the book of Numbers.

Discipleship through prayer

- Spend time this week praising God for the ways that He has provided for our greatest need through Jesus. Pray for God to help you and your family grow in emotional health and coming to Him with honesty and trust. Pray for God to provide for you in the ways you need. Continue to pray for everything surrounding the coronavirus and racial equality in our country - for safety, for healing, for unity, and for specific people you can serve as a family.
- Ask each member of your family - adults included - to share one thing they would like prayer over. Have someone to pray for that person's request. Encourage your family to pray for that person for the entire week.

What's Coming Up?

- Follow us on Instagram for daily story time! Our handle is [@RealityLAKids](#)
- Stay connected by joining the [RLA Kids page on RLA Connect](#)
- Continue to be informed through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

Do Your Kids Have Questions About the Video? Want to See Something on the Videos?

We love hearing from you! You can email kids@realityla.com at any time with any feedback or questions that your kids have about the video lesson (or any of your thoughts)...we would love to read some on our next video and answer them! We also them want to see us be silly, so send suggestions in and we will see what we can do. We also love to be praying with and alongside your family, so please send over prayer requests as well (those will be kept off screen, we just want to pray with and for you.)