



RLA Kids Weekly Devotional Guide

August 16, 2020

Remember: this guide is meant to help facilitate conversations and engagement with Jesus throughout the week, so don't feel like you need to do this all in one day!

What We're Learning This Week

"THE KEY TO CONTENTMENT" PHILIPPIANS 4:10-13

Our lesson this week comes from Philippians 4:10-13, where we learn what Paul means when he tells us that we can be content in all things and in all circumstances.

Before we meet together on Sunday

- Initiate and/or continue conversations as a family regarding everything going on in our world today, how your kids are feeling and processing it all, and how they can still trust in the promises of God through it all. Read through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

After the kids watch the video on Sunday

Discipleship Through Scripture and Conversation

- Talk to your kids about the Bible lesson they watched on video. Ask them to explain what they learned/what stuck out to them in the video, and expand upon the truths of the Bible that they are bringing up. Some helpful conversations this week could be:
 1. Paul makes a surprising but encouraging claim in this Scripture that followers of Jesus can (and should) be content in any and all circumstances.
 - What are some things that we are tempted to base our contentment on? What are things that we feel make us happy and that we feel like we would never be satisfied without? We don't need to flee from things that bring us joy, but how does God ask us to hold those things in our hearts? How can we be content without those things?
 - How does comparison play into contentment? How about pride?
 - How can we be strong and content when we don't have what we want or feel like we need? How about when life seems unfair or harsh?
 - How does the life, death, and resurrection of Jesus influence our contentment? How has Jesus met our greatest need? What are ways that can we look back and reflect on what Jesus has done for us, even when difficult things in life persist?
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2. Additional resources for Preteen students:

- Watch [this video](#) from the Bible Project on Philipians.

Discipleship through prayer

- Spend time this week praising God for the contentment we have in the finished work of Jesus, who has fulfilled our greatest need! Pray for God to grow you in contentment in all things, especially in this uncertain and hard time. Confess your needs to God and ask for His peace. Continue to pray for everything surrounding the coronavirus and racial equality in our country - for safety, for healing, for unity, and for specific people you can serve as a family.
- Ask each member of your family – adults included – to share one thing they would like prayer over. Have someone to pray for that person’s request. Encourage your family to pray for that person for the entire week.

What’s Coming Up?

- Follow us on Instagram for daily story time! Our handle is [@RealityLAKids](#)
- Stay connected by joining the [RLA Kids page on RLA Connect](#)
- Continue to be informed through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

Do Your Kids Have Questions About the Video? Want to See Something on the Videos?

We love hearing from you! You can email kids@realityla.com at any time with any feedback or questions that your kids have about the video lesson (or any of your thoughts)...we would love to read some on our next video and answer them! We also them want to see us be silly, so send suggestions in and we will see what we can do. We also love to be praying with and alongside your family, so please send over prayer requests as well (those will be kept off screen, we just want to pray with and for you.)