



# RLA Kids Weekly Devotional Guide

August 2, 2020

*Remember: this guide is meant to help facilitate conversations and engagement with Jesus throughout the week, so don't feel like you need to do this all in one day!*

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## What We're Learning This Week

### **"IN ALL THINGS, LOOK TO GOD" PHILIPPIANS 4:2-9**

Our lesson this week comes from Philippians 4:2-9, where we learn that if we want to experience peace regardless of what we go through in life, we need to look to God in our relationships, in our worries, and in our thoughts

#### **Before we meet together on Sunday**

- Initiate and/or continue conversations as a family regarding everything going on in our world today, how your kids are feeling and processing it all, and how they can still trust in the promises of God through it all. Read through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

#### **After the kids watch the video on Sunday**

##### **Discipleship Through Scripture and Conversation**

- Talk to your kids about the Bible lesson they watched on video. Ask them to explain what they learned/what stuck out to them in the video, and expand upon the truths of the Bible that they are bringing up. Some helpful conversations this week could be:
  1. Looking to God in our relationships
    - How do we have unity with God? How does that impact how we are able to have unity with others? How do humility, forgiveness, and service play into healthy relationships?
  2. Looking to God in our worries
    - What does Paul mean when he says "do not be anxious about anything"? How does praying impact our worries? What are some things you can be thankful to God for?
  3. Looking to God in our thoughts
    - This Scripture says to think about what is good, pure, true, and worthy of praise. What are some things about God that are good, pure, true, and worthy of praise? How does thinking about those characteristics of God influence how we live our lives?
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4. Additional resources for Preteen students:

- Watch [this video](#) from the Bible Project on Philipppians.

### **Discipleship through prayer**

- Spend time this week praising God in light of Philipppians 4:7-8! What are ways God embodies what is written in the text? Pray for God to keep your eyes fixed on Him in relationships, in worry, and in your thoughts. Pray for continued maturity in your life and in the lives of others in the church. Continue to pray for everything surrounding the coronavirus and racial equality in our country - for safety, for healing, for unity, and for specific people you can serve as a family.
- Ask each member of your family - adults included - to share one thing they would like prayer over. Have someone to pray for that person's request. Encourage your family to pray for that person for the entire week.

## What's Coming Up?

- Follow us on Instagram for daily story time! Our handle is [@RealityLAKids](#)
- Stay connected by joining the [RLA Kids page on RLA Connect](#)
- Continue to be informed through the [Family Resources for Current Events](#) page for equipping and resources for all of that.

## Do Your Kids Have Questions About the Video? Want to See Something on the Videos?

We love hearing from you! You can email [kids@realityla.com](mailto:kids@realityla.com) at any time with any feedback or questions that your kids have about the video lesson (or any of your thoughts)...we would love to read some on our next video and answer them! We also them want to see us be silly, so send suggestions in and we will see what we can do. We also love to be praying with and alongside your family, so please send over prayer requests as well (those will be kept off screen, we just want to pray with and for you.)